



ALTERNATIVES TO SUICIDE GROUP

Express your feelings without judgment
Talk about anything, including wanting to die
Make sense of our own experiences
Experience a sense of community
Have the freedom to question social norms and systems.

--EVERY THURSDAY--

5:30-6:30 pm

The Carriage House

3327 Lake Avenue, Fort Wayne

or via Zoom



GET THE ZOOM LINK

**260-267-5864
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